

A silhouette of a person sitting on a grassy hill, reading a book. The background is a warm, orange and yellow sunset sky. The text is overlaid on the image in a bold, white, sans-serif font with a black outline.

**NGAPI  
KOMBINGA  
ZE SABATA?  
-Rukwangali-**

**-The Sabbath-**

**lightindarkness.site**

“Makura evhu neguru neyi ya kara ko nayinye tayi pu kusita. Mezuva lyautano-nauvali Karunga age ana mana eyi ga rugene, mezuva olyo yimo ga pwizumukire. Age kwa tungikire ezuva lyautano-nauvali, ta li pongora mo momakwawo li likarere, yeeyi mezuva olyo yimo ga mene esito lyendi, a hulise kurugana.”

## **GENESIS 2:1-3**



Karunga kwa rugene ezuva lyautana-nauvali likare epongoki.

“Nkango yizo za hovere kukara po. Ano ozo Nkango kwa kere naKarunga, ano Nkango yizo Karunga. Azo kwa kere pomuhoverera naKarunga. Yininke nayinye yizo za yi sita. Patupu sininke nampili simwe esi va sita pwa hana azo....Nkango yiyo za kara muntu, makura yiyo za tungire mokatji ketu. Ose yiyo twa mona uyerere wendi, awo yiwo uyerere waMunwaKarunga a huru ou ga gwana mwaGuhwe, age ana zura nkenda nosili.”

## **JOHANESA 1:1-3, 14**



Jesu yige Karunga.

“Makura Jesus ta tanta asi: ‘Esabata muntu  
va li ruganena, kapisi muntu yige va  
ruganena Esabata. Yipo nye asi  
MunwaMuntu age Kupangera nEsabata  
lyeeli.’”

## MARUKUSA 2:27-28



Jesus kwa ruganena Esabata vantu  
navenye.

“Makura HOMPA ta tantere Mosesa asi: ‘Ame ngani va rokesera nondya di tunde meguru, makura vantu ngava pongaike dokulya mezuva, ngani va tarere po nsene asi ngava sikisa mo veta zange ndi kapi ngava zi sikisa mo.”

## **EXODUS 16:4**

*[Tara no mwa Exodus 16:4-5, 22-28]*



Esabata eheteke atare nsene vantu va  
Karunga ngava sikisamo no Veta.

Dendi alyo kwa kere lye heteko hena  
komenho aka gave veta ko ndundu za  
sinayi.

**RESA**  
**EXODUS 20:1-17**



Esabata lyokupongoka nalyo lyoruha royi  
pango muronga ya Karunga.

“O diworoke kupongora ezuva lyEsabata. Mazuva gatano-nalimwe yigo gokurugana yirugana yoge nayinye, nye ezuva lyautano-nauvali Esabata lyaHOMPA Karunga goge. Makura nokurugana mo si hena nampili karugana, nyamoge ndi munoge gomugara ndi gomukadi, ndi mukareli goge gomugara ndi gomukadi, ndi simuna soge ndi munayirongo ogu ga kara kumwe noge. Yeeyi momazuva gatano-nalimwe yimo ga ungire Karunga eguru nevhu, nefuta neyi ya kara mo nayinye, ano mezuva lyautano-nauvali, makura ta pwizumuka. Yiyo nye ga tungikilire Karunga ezuva lyEsabata, ta li pongora.”

## **EXODUS 20:8-11**



Ose noku vhurasi kurugana nkenye  
karugana mezuva lye sabata.

“Uzera Karunga ta u ruku ‘Mutenya’, ano mundema ta gu ruku ‘Masiku’. Tapa kara nye ngurova nongurangura. Olyo ngoso ezuva lyomuhowo.”

## **GENESIS 1:5**

*[Tara no mwa Genesis 1:8, 13, 19, 23, 31]*



Mazuva ga Karunga ku Tameka masiku gaka hage mutenya.

Esabata kuta meka moutano tupunali ku hwilira ezuva kuka haga moma peu nsene ezuva lina hwilire mo hena ezuva.



“HOMPA ta tantere vanayirongo ava va kara wombunga zendi, ava va mu hara oku tava mu kerere, ava ava dameke Esabata, tava sikisa mo nawa-nawa egwanekero lyendi asi: Ngani mu twara koSiyoni, kondundu zange zokupongoka, tanimu pe ehafo monzugo zange zomakanderero.... Ntembeli zange ngava zi tambura asi nzugo zomakandererero zovantu wonomuhoko nadinge.”

## **JESAYA 56:6-7**

*[Tara no mwa Jesaya 56:1-7]*



Vantu womomu hoko nago peke ava va pulire mwa Karunga ngava pongora Esabata kumwe nova Israeli nova Juda

Eyi kwa horokere ko menho zo siruwo sa Jesus.

“Makura Jesus ta zi moNasareta, omu ga kulilire. Ano mEsabata ta zi mosinagoge moomu ga yika, makura ta sikama a rese.”

## **RUKASA 4:16**

*[Tara no mwa Johanesa 15:10]*



Jesus age kwa yikire ku sikisamo yipango ya Karunga kumwe ne Sabata.

“Awo makura tava tengura va ka wapaike yidumba nomagadi, makura mEsabata tava pwizumuka moomu za tanta Veta.”

## **RUKASA 23:56**

*[Tara no mwa Rukasa 23:54-56; 24:1; no mwa Mateusa 28:1; no mwa Marukasa 16:1-2]*



Va Criste kukwama veta zaKarunga awo ngava pongora Esabata na mpili konyina zapa va pamparere Jesus.

“Age nga udisa nkenye Esabata  
mosinagoge, asi noVajuda no Vagereka va  
pure.”

## **YIRUGANA 18:4**

*[Tara no mo Yirugana 17:2]*



Paurusa age kwa yikire kupongora  
Esabata noku udisamo.

“Ano eyi va pwaga oPaurusa naBaranabasa,  
vantu tava hundire asi yokuhamena yininke  
eyi ngano ngava yi va udisire hena  
nemEsabata lyokukwama ko.”

## **YIRUGANA 13:42**

*[Tara no mo Yirugana 13:42-48]*



Vantu wono muhoko nado peke ngava  
pongora Esabata kamwe nova Israel.

Eyi kwa kere posiruwo sa Jesus.

“Esabata li ninkeni li kare ezuva  
lyokupongoka, makura ngali kare sidiviso  
segwanekero eli twa paka po, ngali mu  
diworokese asi ame HOMPA Karunga  
gweni.”

## **HESEKIYELI 20:20**



Kupongora Esabata yiso siliki diso asi  
Karunga ogu gahunga uzuni yige Karunga  
gwetu.

“Ame kwa ninkire esikisomo lyEsabata  
sividiso somalizuvho pokatji ketu nawo, asi  
va diworoke asi, ame Homba na va  
pongora.”

## **HESEKIYELI 20:12**

*[Tara no mo 2 Vakolinte 5:17;  
no mo Vaefeso 4:24]*



Kupongora Esabata yiso siliki diso asi  
Karunga yige atu pongora.

“Moomu tupu ngali kerera po evhu lyepe  
neguru lyepe kononkondo dange,  
noruvharo rweni nedina lyeni yimo ngali  
kererera po ngorooro. Pwankenye sipito  
sokwedi kokupe nankenye Esabata, vantu  
vankenye muhoko ngava wiza va ya  
tongamenene nge omu moJerusarema,  
yimo ana kutanta HOMPA.”

## **JESAYA 66:22-23**



Esabata ngava kali pongora meguru  
ntani pevhu lyepe.



“Matjangwa kwa uyunga pevega limwe  
yokuhamena kezuva lyautano-nauvali asi,  
'Makura Karunga ta pwizumuka koyirugana  
yendi nayinye mezuva lyautano-nauvali.'

...Kolili hena epwizumuko lyEsabata  
lyomuhoko gwaKarunga”

## **VAHEBELI 4:4, 9**

*[Tara no mo Vahebeli 4:9-11]*



Simpe kolili Esabata *[Mapeu]* lyo vantu  
va Karunga.



[www.lightindarkness.site](http://www.lightindarkness.site)